1. Basic Articulation

Concentrate on:
- full, relaxed breath for the first sound and at each fermata
- mouthpiece placement/pressure - oral cavity
- blow air, full sound without forcing

2. As above, but begin to hear the pitches as they function in a key.

4. Occasionally, play other scales; major, minor, modes etc. Play slurred too.

5. Low Range

slow.

etc. with F valve

etc.

Maintain a full sound throughout the gliss.

6. Lip Slurs

buzz play buzz play continue down chromatically until buzz play

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7. buzz play buzz play continue up chromatically

8. Buzz/Play as above if you wish

9. 7 i.a.p.

10. in all positions

repeat 8, 9 and 10 tongued

11. in all positions

PAUSE

12. High Range

Maintain the sound throughout the gliss.
Find the easiest approach.

13. alternate slurring and tonguing, use other keys, modes

14. Putting it Together in all positions

15. Coordinate a quick tongue motion with active air.

At this point you should feel physically and mentally ready to continue with a rehearsal, performance, continued practice of a more detailed daily routine, etudes, jazz materials, solos, excerpts, or whatever else needs attention.